

Dr. John Abrams

John Abrams was born in Indianapolis, Indiana. John graduated from Indiana University in 1980 and furthered his career with his graduation from Indiana University School of Medicine in 1984 with the highest distinction. John continued his residency and fellowship in Indianapolis. In 1988, Dr. Abrams joined the ophthalmology practice of Lashmet, Spitzberg and Denny. John's special interests include cataract surgery, refractive and laser surgery as well as the treatment of glaucoma and diabetic eye diseases. Dr. Abrams has a special interest in sports ophthalmology. As well as being the team ophthalmologist for the Bulldogs, he also works with the Indiana Pacers, Indiana Fever, Indiana Ice, and the University of Indianapolis. He is also the Tournament Ophthalmologist for the NCAA and Big Ten Championships. John also serves as a consultant for many IRL racing teams.

Dr. Abrams has been recognized as one of the best physicians in the country for ophthalmic surgery. He was voted Indianapolis Monthly's "Top Doc" in general and cataract surgery by physicians four times. Dr. Abrams was the recipient of the "40 Under 40" award by the Indianapolis Business Journal for outstanding accomplishments in his profession at a young age.

Dr. Abrams has donated his professional services to Prevent Blindness of Indiana, Project Health and various service organizations to provide care for those less fortunate. He has provided treatment and performed surgery on immigrants and visiting patients from Russia, Africa, the Middle East, Europe, South America, and the Caribbean.

Dr. Abrams enjoys community volunteerism while serving on many charitable Boards of Directors for over 40 years. For the 22nd consecutive season the Indiana Pacers have partnered with Dr. Abrams, in presenting the Abrams Academic Achievement Award. This award was established to recognize central Indiana elementary and/or middle-school students for their academic and leadership performance in school.

His community work does not end there. He has been providing monthly eyecare services to Damar, a leading provider of services to people with disabilities. He supports the Indiana Blind Children's Foundation's annual fundraising event, as well as the Fighting Blindness Foundation, and provides services at the Trinity Free Clinic.

He co-founded the Dropping Dimes Foundation whose main focus is the well-being and betterment of former players of the American Basketball Association who are experiencing hardship. His organization in July of 2022, successfully lobbied the NBA Board of Governors to pay 115 ABA basketball players \$24.5 million in recognition payments.

Dr. Abrams has been extremely committed to the Jewish Community in Indianapolis. He is a former JCC president and Jewish Federation of Greater Indianapolis president. He helped bring the Eva Kor Exhibit to the Indiana Historical Society and sponsored a virtual reality experience. He has hosted and fundraised for Birthright as well as hosted the Ann Katz Festival. Dr. Abrams has worked with writer Ted Green who created the Emmy Award winning documentary Eva A-7063 about the life of Eva Kor. Both Mr. Green and Eva Kor are past award recipients of Hoosier Jewish Legends.

Dr. Abrams spent many days of his childhood at the JCC and developed his love of basketball. It was here at the JCC where he met the love of his life, Diane. Dr. Abrams and his wife Diane, have two children, Leslie and Michael. Dr. Leslie Abrams Tobe, is an ophthalmologist who joined his practice in 2017. They enjoy spending time with their grandchildren Bella and Dylan. In his free time, he enjoys skiing, traveling and attending sporting and music events.